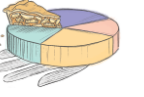
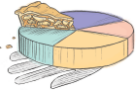


MOTHERHOOD, APPLE PIE, and all that HAPPY HORSESHIT

Time Blocking & Weekly Planning



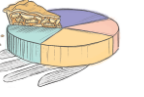
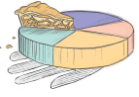
Week One

My Life Theme: _____

	Monday			Tuesday			Wednesday			Thursday			Friday		
Personal Growth	X	I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan	
	X	I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals	
Project 1:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 2:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 3:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Appointments															
Client Work															
Marketing															
<i>If this were the second time I lived this day, what would I do differently?</i>															
<i>Things I get to enjoy</i>															

MOTHERHOOD, APPLE PIE, and all that HAPPY HORSESHIT

Time Blocking & Weekly Planning



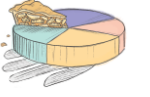
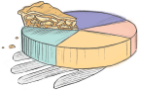
Week Two

My Life Theme: _____

	Monday			Tuesday			Wednesday			Thursday			Friday		
Personal Growth	X	I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan	
	X	I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals	
Project 1:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 2:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 3:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Appointments															
Client Work															
Marketing															
<i>If this were the second time I lived this day, what would I do differently?</i>															
<i>Things I get to enjoy</i>															

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Time Blocking & Weekly Planning



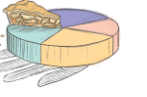
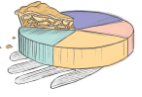
Week Three

My Life Theme: _____

	Monday			Tuesday			Wednesday			Thursday			Friday		
Personal Growth	X	I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan	
	X	I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals	
Project 1:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 2:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 3:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Appointments															
Client Work															
Marketing															
<i>If this were the second time I lived this day, what would I do differently?</i>															
<i>Things I get to enjoy</i>															

MOTHERHOOD, APPLE PIE, and all that HAPPY HORSESHIT

Time Blocking & Weekly Planning



Week Four

My Life Theme: _____

	Monday			Tuesday			Wednesday			Thursday			Friday		
Personal Growth	X	I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan			I've reviewed my Life Plan	
	X	I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals			I've reviewed my Goals	
Project 1:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 2:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Project 3:															
	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward	H:	M:	Reward
Appointments															
Client Work															
Marketing															
<i>If this were the second time I lived this day, what would I do differently?</i>															
<i>Things I get to enjoy</i>															